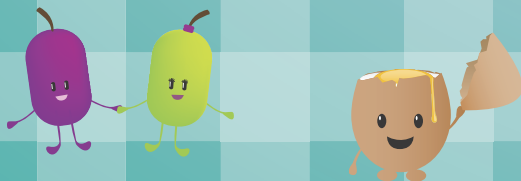
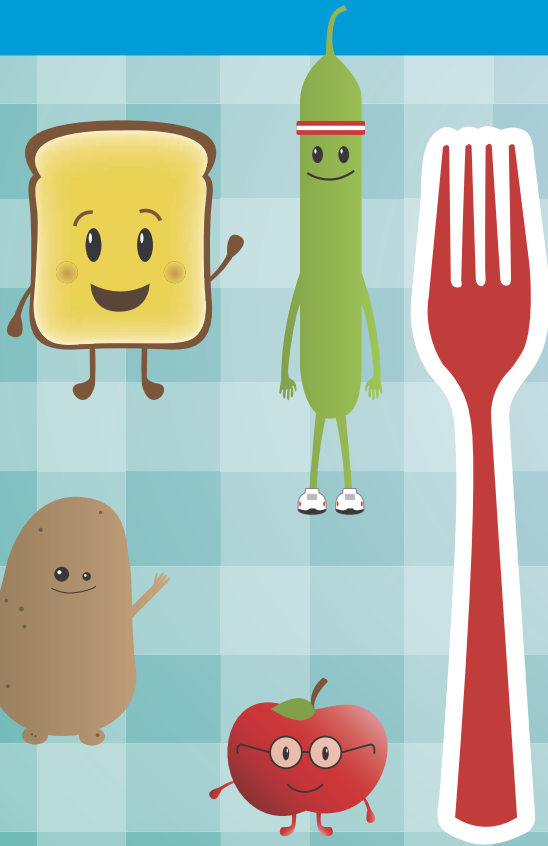
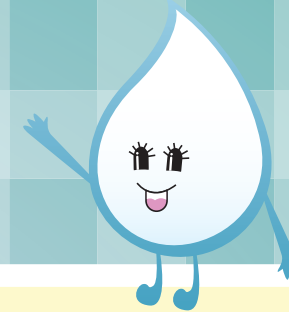
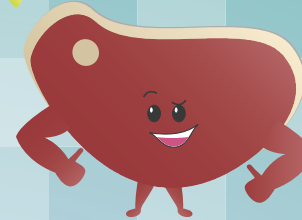
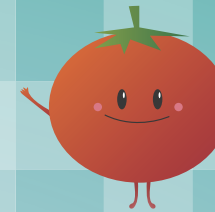
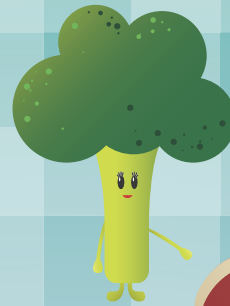
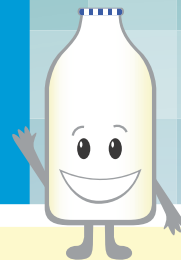


Nursery school menu

September 2017 - July 2018

Sunderland
City Council



Nursery Meals - what you need to know

The Food

Our menu meets the national school food standards and is designed to provide children with the required energy and nutrition they need across the whole school day.

Special Diets

If your child has a special dietary need related to a medical condition, allergy or intolerance and you wish them to have a school meal, please provide a written request to your school from a doctor or dietician. If you have any queries about special diets please contact us on 0191 561 4655 or e-mail: keith.miles@sunderland.gov.uk

School Meal Price

The price of a school meal for Nursery pupils will be £2.00. This remains one of the lowest prices in the country and represents excellent value for money.



Want to Join our Team?

If you're interested in working for the school meals service please call 0191 561 4655.

Contact us

We want to make the school meal experience an enjoyable one for all pupils. If you have anything you want to discuss please contact Keith Miles (Catering Services Manager) on 0191 561 4655 or e-mail: keith.miles@sunderland.gov.uk

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Low fat sausage roll served with potato puffs and baked beans	Savoury mince and yorkshire pudding with parsley potatoes, honey roasted parsnips and broccoli	Tomato & cheese pasta with tomato bread and green beans	Roast pork, stuffing & gravy with creamed potato, swede & savoy cabbage	Cod fish fingers and chips with peas
Desserts	Fresh fruit salad and ice cream	Chocolate orange cake with custard	Semolina and jam	Fruity flapjack & custard	Iced shortbread biscuit
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 4 Sept 2017, 2 Oct 2017, 30 Oct 2017, 27 Nov 2017, 8 Jan 2018, 5 Feb 2018, 19 Feb 2018, 19 Mar 2018, 16 Apr 2018, 14 May 2018, 4 Jun 2018, 2 July 2018.

WEEK 1

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ chicken burger in a bun with seasoned crisscuts and baked beans	Cheese and tomato traybake with diced potatoes in white sauce and mixed vegetables	Steak and vegetable casserole with herby dumpling, creamed potatoes and carrots	Roast turkey dinner with new potatoes, diced swede and broccoli	Battered cod fillet with tomato sauce, chips and peas
Desserts	Fruit puree and fromage frais	Fruit jelly and cream	Peachy muffin traybake with custard	Banana and custard	Vienesse swirls
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 11 Sept 2017, 9 Oct 2017, 6 Nov 2017, 4 Dec 2017, 15 Jan 2018, 26 Feb 2018, 26 Mar 2018, 23 Apr 2018, 21 May 2018, 11 Jun 2018, 9 July 2018.

WEEK 2

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Tomato and basil pasta with herby bread and sweetcorn	Ham and cheese pizza with crispy potatoes and baked beans	Savoury mince pie with creamed potatoes, cauliflower and broccoli	Roast Chicken dinner with roast potatoes, savoy cabbage and carrot/swede mix	Salmon fish fingers with chips and peas
Desserts	St Clement's sponge and custard	Apple and Cinnamon Muffin	Fresh fruit salad	Peaches and custard	Marbled cookies
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 18 Sept 2017, 16 Oct 2017, 13 Nov 2017, 11 Dec 2017, 22 Jan 2018, 5 Mar 2018, 30 Apr 2018, 18 Jun 2018, 16 July 2018.

WEEK 3

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Big brunch muffin with mini potato waffles and baked beans	Chicken curry with rice/naan bread and green beans	Cheese and onion croquettes with garlic and herb potatoes and glazed carrots	Roast gammon and pineapple with baby new potatoes, broccoli and savoy cabbage	Battered fish goujons with chips and peas
Desserts	Banana and chocolate sponge with custard	Fruit puree and fromage frais	Rice pudding with mini cookie	Iced fruit yoghurt muffin	Gingernut biscuit
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 25 Sept 2017, 20 Nov 2017, 18 Dec 2017, 29 Jan 2018, 12 Mar 2018, 8 May 2018, 25 Jun 2018.

WEEK 4

Please note this menu is subject to variations between schools.